



In a world where pollution, noise, crowds, unhealthy diets and stress are the norm; **MesaStila** Wellness Retreats offer an escape from the demanding daily grind. We believe that whatever form it takes, to care for your wellbeing now means a more vibrant life, greater energy and an all-round better you.

4D3N LAND PACKAGE (JOG4MS)

S\$1268 per adult (twin-share)

Travel Validity: 28th Jan – 31st Dec 2013



PROGRAM INCLUDES IN ARUM VILLA:-

Day 1:

12.20 : Arrive in Jogja & Airport pick-up.
13.00 : Lunch at Local Restaurant near the Prambanan Temple.
14.00 : Visit Prambanan Temple, then after leave for MesaStila.
16.30 : Arrive at MesaStila. 1700: Spa Treatment (50 min). 19.00 : Dinner.

Day 2:

04.00 : Leaving from MesaStila for Borobudur Sunrise Tour.
04.45 : Arrive in Borobudur Temple. Breakfast box is provided at 7am.
08.00 : Can be extended with Borobudur Village Tour by Horse Cart (Andong).
09.00 : Back to MesaStila. (1-hour ride). Lunch is provided.
15.00 : Choices of scheduled wellness activities (Aqua-fit/Pencak Silat/Power Walk).
16.00 : Afternoon snacks.... 1700 : Spa Treatment (50 min) + Hammam steam bath (30 min). 19.00 : Dinner.

Day 3:

08.00 : Morning Yoga and Breakfast.
10.00 : Coffee Plantation Tour
11.00 : Relax by the pool. Lunch is provided.
15.00 : Choices of scheduled wellness activities (Aqua-fit/Pencak Silat/Power Walk).
16.00 : Afternoon snacks. 1700 : Spa Treatment (50 min) + Hammam steam bath (30 min). 19.00 : Dinner.

Day 4:

11.00 : Check-out from the hotel (breakfast box is provided) & Airport transfer-out.

LAND PACKAGE EXCLUDES :-

All International Air Ticket, Airport Taxes and fuel surcharges. Personal Travel Insurance, all personal expenses such as drinks at meals, camera fees at tour sites. Tipping and other surcharges not mentioned in the above inclusions.

Fascinating Holidays Pte Ltd

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FH / 4D3N MESASTILA – In ARUM VILLA / 28 Jan – 31 Dec 13 / Agt-5% Doc Date : 28 Jan 13 / SY / MMCJ